

# Dar El Salam Travel

## *Hajj Seminar*

Hajj 2010 / 1431 AH

Toronto, October 10, 2010

*Presented By: Azhar A Zaidi*

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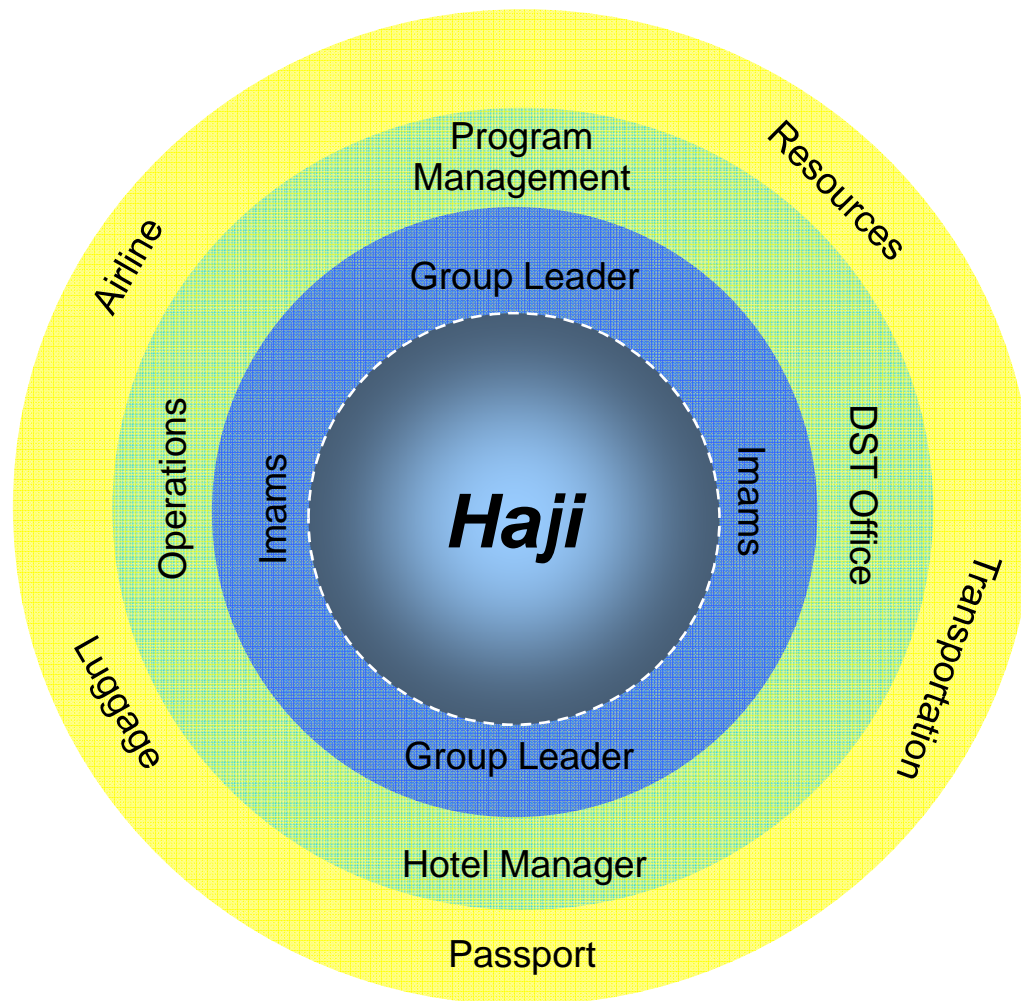
## Preparing for Hajj

- ▶ *Hajj Organization & Services*
- ▶ *General Program Itineraries*
- ▶ *Trip Expectations*
- ▶ *Pilgrims Items Checklist*
- ▶ *Do's & Don'ts*

# Preparing for Hajj

## *Hajj Organization & Services*

# Dar El Salam Hajj Organization and Services



**Group Leader assigned to each bus**

▶ **Communication of information throughout the trip**

**Imams assigned to programs**

▶ **Lectures in English / Arabic**

**Manager assigned to each Program**

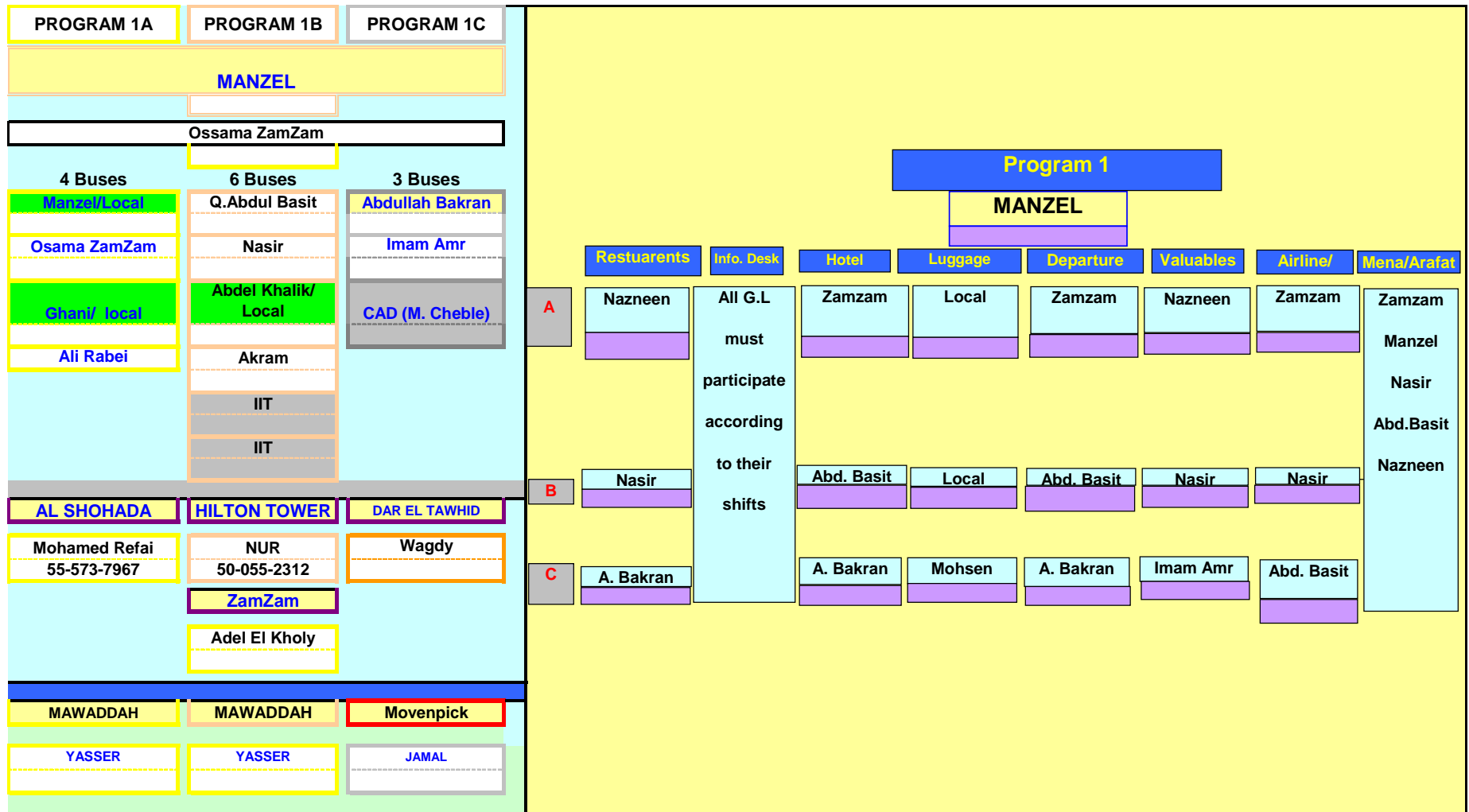
▶ **Work with Group Leader, Imams and Operations Management**

**Dar El Salam Desk / Office at hotels**

**Hajj Operations Services**

- ▶ **Passport Handling**
- ▶ **Airline reconfirmation**
- ▶ **Luggage handling in Saudi Arabia**
- ▶ **Arranging Transportation**
- ▶ **“Qurbani” Arrangement**
- ▶ **Safety Deposit Arrangement**
- ▶ **Assistance in Medical Emergencies**

## Hajj Management Organization Chart (Example)



# What will you receive from Dar El Salam?



- ▶ Travel Documents
  - ▶ Passport (do not remove label on back of passport)
  - ▶ Airline ticket – they are all E-tickets (no paper tickets)
  - ▶ Bank Draft (to be surrendered in Saudi Arabia upon arrival)
  - ▶ Proof of Immunization for Meningitis
  - ▶ *Original* Proof of Relationship documents (where provided)
- ▶ Itinerary for your program
- ▶ Personal Photo ID Badge with hotel phone numbers
- ▶ Luggage Identification Tags
- ▶ Hajj Booklet and DVD's
- ▶ *Ehraam* for men / Gift for women (prayer rug)
- ▶ SIM Cards (applicable in Saudi Arabia)



*Dar El Salam*  
Travel & Tours  
Since 1985

# ID Card, Luggage Tag, Passport Label

**MR. MAHMOOD**  
NASIR

**USA** **1B**

Mawadah  
 Grand Zamzam

AIRLINE : **SV**

**BUS #:** 07

NATIONALITY : **U.S.A.**

CUSTOMER ID : **G-7106**



**Dar El Salam Travel**  
(212) 725-2022 ID : **G-7106**

**Mr. Nasir Mahmood** **1B**

888 S. Greenville Ave Suite 130  
Richardson, TX 75081

Mawadah Hotel 966-4-829-0777  
 Grand Zamzam Hotel 966-2-570-1555

**SV**  
**12DEC**

Dar El Salam Travel (212) 725-2022 \*133826558\*

**SV** **12DEC**

Customer ID: **G-7106**

Prog: **1B** **USA**

JED/DXB  
12/12/2008

PASSPORT #: **133826558**

ID #: **G-7106**

Airline : **SV**

Return Date:  
**JED/DXB 12/12/2008**

**Makkah Hotel:**  
Grand Zamzam 966-2-570-1555

**Madinah Hotel:**  
Mawadah 966-4-829-0777

Dar El Salam Travel New York 212-725-2022  
Dar El Salam Travel Saudia Arabia 966-53-309-5561  
Emergency Contact #: 966-53-309-5560

**\*133826558\***

**VALUABLES TAG**  
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**MENA CARRY ON ONLY**  
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 Grand Zamzam Hotel 966-2-570-1555

**SV**  
**12DEC**

**DAR EL SALAM TRAVEL**  
280 Madison Ave. Ste 600, New York, NY 10016  
USA: (212)725-2022 Makkah: 966-50477-5867

**KHI**

Bus # **16**

**Mr. Mirza Abdul K Baig**

**Prg: 2A Rt Dt: 12/11/2008**

**Air: EK Rcd #: 2A-2024(1/2)**



# Preparing for Hajj

## *General Program Itineraries*

# General Program Itineraries



## **Program 1 (MAKKAH FIRST)**

JEDDAH – MAKKAH – MADINAH – AZIZIYAH – HAJJ – DEPARTURE

- ▶ Arrive in Jeddah & transfer to Makkah
- ▶ Nov 2 – Nov 7 (25<sup>th</sup> – 1<sup>st</sup> Dhul Hijjah): stay in Makkah
- ▶ Nov 7 (1<sup>st</sup> Dhul Hijjah): transfer to Jeddah and fly to Madinah (Saudi Airlines)
- ▶ Nov 11 (5<sup>th</sup> Dhul Hijjah): transfer to Makkah (Aziziyah - El Yasmin Tower)
- ▶ Nov 14 – 18 (8<sup>th</sup> – 12 Dhul Hijjah): Manasik of Hajj
- ▶ Nov 19 (13<sup>th</sup> Dhul Hijjah) onwards: departure from Saudi Arabia

## **Program 2 (MADINAH FIRST)**

JEDDAH – MADINAH – MAKKAH – AZIZIYAH – HAJJ – JEDDAH – DEPARTURE

- ▶ Arrive in Jeddah & transfer to Madinah OR Arrive directly in Madinah
- ▶ Nov 3 – 7 (26<sup>th</sup> Dhul Qadah – 1<sup>st</sup> Dhul Hijjah): stay in Madinah
- ▶ Nov 7 (1<sup>st</sup> Dhul Hijjah): fly to Jeddah and transfer to Makkah (Saudi Airlines)
- ▶ Nov 11 (5<sup>th</sup> Dhul Hijjah): transfer to Makkah (Aziziyah - El Yasmin Tower)
- ▶ Nov 14 – 18 (8<sup>th</sup> – 12 Dhul Hijjah): Manasik of Hajj
- ▶ Nov 19 (13<sup>th</sup> Dhul Hijjah) onwards: departure from Saudi Arabia

## **Program 4 (MADINAH FIRST)**

### **MADINAH – MAKKAH – HAJJ – JEDDAH – DEPARTURE**

- ▶ Arrive in Madinah
- ▶ Nov 8 – 11 (2<sup>th</sup> – 5<sup>th</sup> Dhul Hijjah): stay in Madinah
- ▶ Nov 11 (5<sup>th</sup> Dhul Hijjah): fly to Jeddah and transfer to Makkah (Saudi Airlines)
- ▶ Nov 11 – 19 (5<sup>th</sup> – 13<sup>th</sup> Dhul Hijjah): stay in Makkah
- ▶ Nov 14 – 18 (8<sup>th</sup> – 12 Dhul Hijjah): Manasik of Hajj
- ▶ Nov 19 (13<sup>th</sup> Dhul Hijjah onwards), departure from Saudi Arabia

## **Program 5 (MADINAH FIRST)**

### **JEDDAH – MADINAH – MAKKAH – AZIZIYAH – HAJJ – JEDDAH – DEPARTURE**

- ▶ Arrive in Jeddah & transfer to Madinah OR Arrive directly in Madinah
- ▶ Nov 7 – 11 (1<sup>st</sup> – 5<sup>th</sup> Dhul Hijjah): stay in Madinah
- ▶ Nov 11 (5<sup>th</sup> Dhul Hijjah): transfer to Makkah (Aziziyah - El Yasmin Tower)
- ▶ Nov 14 – 18 (8<sup>th</sup> – 12 Dhul Hijjah): Manasik of Hajj
- ▶ Nov 20 – 25 (14<sup>th</sup> – 19<sup>th</sup> Dhul Hijjah): transfer to Makkah hotel
- ▶ Nov 25 (19<sup>th</sup> Dhul Hijjah): departure from Saudi Arabia

# General Program Itineraries



## Express Program

### MADINAH – MAKKAH – HAJJ – DEPARTURE

- ▶ Arrive in Madinah
- ▶ Nov 7 – 10 (1<sup>st</sup> – 4<sup>th</sup> Dhul Hijjah): stay in Madinah
- ▶ Nov 10 (4<sup>th</sup> Dhul Hijjah): fly to Jeddah and transfer to Makkah (Saudi Airlines)
- ▶ Nov 10 – 14 (4<sup>th</sup> – 8<sup>th</sup> Dhul Hijjah): stay in Makkah
- ▶ Nov 14 – 18 (8<sup>th</sup> – 12 Dhul Hijjah): Manasik of Hajj
- ▶ Nov 19 (13<sup>th</sup> Dhul Hijjah onwards), departure from Saudi Arabia

# General Program Itineraries



## **Program 1 (October 30 Etihad flight)**

- ▶ Arrive in Abu Dhabi on Sunday, Oct 31 (stay overnight)
- ▶ Arrive in Jeddah on Monday, Nov 1 (24<sup>th</sup> Dhul Qadah)
- ▶ Nov 1: Transfer to El Yasmin Tower (Aziziyah), arrive in the evening
  - ▶ Dinner
  - ▶ Depart for Umrah
  - ▶ Quad occupancy in El Yasmin Tower
- ▶ Nov 2: Return to El Yasmin Tower early in the morning
  - ▶ Breakfast
- ▶ Nov 2: Transfer to your hotel in Makkah in the afternoon

# Preparing for Hajj

## *Trip Expectations*

## Arrival in Jeddah

- ▶ Immigration & Customs can take 2 – 4 hours
- ▶ You are responsible for your baggage through customs (carts / porters available)
- ▶ Report any loss of baggage in customs hall before exiting – get a copy of report
- ▶ Dar El Salam reps will take your baggage upon exiting customs hall
  - ▶ Keep your valuables and hand carry with you & ensure all your baggage have ID tags attached
- ▶ Ensure you get your baggage back once in the rest area – follow Dar El Salam instructions
- ▶ Dar El Salam reps will collect your passport for the Saudi Ministry (*Mutawwif's Office*)
  - ▶ Please keep your green card with you (keep in safe place)
- ▶ If you are going to Makkah:
  - ▶ Transportation is controlled by the Saudi Ministry
  - ▶ Dar El Salam reps will co-ordinate the buses to Makkah
  - ▶ Departure is usually by destination hotel
  - ▶ Distance from Jeddah to Makkah is 45 miles
  - ▶ Bus will stop at checkpoints, *Mutawwif's Office*, then the hotel
  - ▶ Last year, it took an average of 7 hours to reach hotel in Makkah after arrival in Jeddah airport
- ▶ If you are going to Madinah:
  - ▶ Dar El Salam reps will arrange your flight to Madinah
  - ▶ Baggage will again be checked in for flight to Madinah
  - ▶ You will not go through Immigration & Customs in Madinah

## Stay in Makkah

- ▶ Dar El Salam reps will help you to check-in the hotel & direct you to your baggage
- ▶ Get familiar with direction to the *Haram* and return to the hotel (use same *Haram* door)
- ▶ Perform *Umrah* and rest (please pace yourself)
- ▶ *Haram* is crowded. Allow extra time to go for prayers and to return to hotel
  - ▶ When going for *Magrib* prayers, it is better to stay and return after *Isha'* prayers
  - ▶ Better to always have prayer rug with you
  - ▶ Use bag for slippers/shoes (to be provided by Dar El Salam in Saudi Arabia)
- ▶ Attend scheduled religious seminars in hotel
- ▶ Administrative instructions:
  - ▶ Provided by your Group Leader (e.g. baggage handling, move to Madinah, Mena, etc.)
  - ▶ Meet with your group leader for any admin instructions (in restaurant, at Dar El Salam desk)
    - ▶ Know your Group Leaders room # and cell phone #
  - ▶ Drop by the Dar El Salam desk at least once a day (e.g. move to Madinah / Mena)
- ▶ Hotel & Restaurant services in Makkah is relatively much better than in Madinah
- ▶ Departing from Makkah:
  - ▶ Your checked baggage will be picked up much earlier before hotel check-out time
  - ▶ Prepare your baggage appropriately according to instructions from your Group Leader
  - ▶ Ensure checked baggage is placed outside your room on time
  - ▶ Do not place your hand carry, medicines or valuables in and/or with your checked baggage



## **Arrival in Madinah (Direct from USA – not via Jeddah)**

- ▶ Immigration & Customs takes less time for direct arrivals (0.5 – 1.5 hours)
- ▶ You are responsible for your baggage collection upon arrival (carts / porters available)
- ▶ Report any loss of baggage in customs hall before exiting – get a copy of report
- ▶ Saudi Ministry reps will collect your passport (*Mutawwif's Office*)
  - ▶ Please keep your green card with you (keep in safe place)
- ▶ Dar El Salam reps will direct you to the appropriate bus (based on destination hotel)
- ▶ Carry your baggage outside to the appropriate bus & ensure it is loaded onto bus
  - ▶ Keep your valuables with you
  - ▶ Ensure all your baggage have ID tags attached

## Stay in Madinah

- ▶ Dar El Salam reps will help you to check-in the hotel & direct you to your baggage
- ▶ Get familiar with direction to the *Masjid Al-Nabawi* and return to the hotel
- ▶ *Masjid Al-Nabawi* is not as crowded as the *Haram* in Makkah
  - ▶ The pace is relaxed and relatively slower than in Makkah
- ▶ Ensure that you follow instructions from your Group Leader on *Mazaraat* in Madinah
  - ▶ Carry your cell phone, some cash and cell phone number of your Group Leader
- ▶ Attend scheduled religious seminars in hotel
- ▶ Administrative instructions:
  - ▶ Provided by your Group Leader (e.g. baggage handling, move to Makkah, Mena, etc.)
  - ▶ Meet with your Group Leader for any admin instructions (in restaurant, at Dar El Salam desk)
    - ▶ Know Group Leaders room # and cell phone #
  - ▶ Drop by the Dar El Salam desk at least once a day (e.g. move to Makkah)
- ▶ Hotel & Restaurant services in Madinah is relatively poor than in Makkah
- ▶ Departing from Madinah:
  - ▶ Your checked baggage will be picked up much earlier before check-out
  - ▶ Prepare your baggage appropriately according to instructions from your Group Leader
  - ▶ Ensure checked baggage is placed outside your room on time
  - ▶ Do not place your hand carry, medicines or valuables in and/or with your checked baggage

# Trip Expectations



## **Arrival and Stay in Aziziyah (New rules are since 2009 are “in effect”)**

- ▶ Programs 1 and 5 will depart from Madinah on 5<sup>th</sup> Dhul Hijjah
  - ▶ Arrive in Aziziyah late on 5<sup>th</sup> Dhul Hijjah or early morning on 6<sup>th</sup> Dhul Hijjah
- ▶ Program 2 will depart from their hotel in Makkah for Aziziyah on 5<sup>th</sup> Dhul Hijjah
- ▶ Program 4 will not stay in Aziziyah as they will stay in hotel in Makkah
- ▶ The Express program will go straight to *Manasik* from their Makkah hotel on 8<sup>th</sup> Dhul Hijjah
- ▶ Your stay in Aziziyah, prior to Hajj is until 8<sup>th</sup> Dhul Hijjah:
  - ▶ Shuttle service to the Haram and back will be provided
  - ▶ Meal service will be provided during your stay in Aziziyah
  - ▶ You will be accommodated on a triple or quad occupancy basis in Aziziyah regardless of your your chosen occupancy for the Hajj program (double or triple)
- ▶ **You will have access to your room in Aziziyah for the entire *Manasik* of Hajj**
- ▶ Please ensure you get familiar with the area in Aziziyah (so you do not get lost)
  - ▶ Inform Group Leader and others if you are going on your own
  - ▶ If you must go outside, go in groups of two or three and not individually

# Trip Expectations



## Arrival and Stay in Mena

- ▶ Programs 1, 2, 5 and Express will arrive in Mena on 8<sup>th</sup> Dhul Hijjah
- ▶ Program 4 will go to Arafaat from their hotel in Makkah in the evening
  - ▶ Option will be given to those who wish to go to Mena on 8<sup>th</sup> Dhul Hijjah in the morning
- ▶ Tent space in Mena is allocated for each person (limited space with no extras):
  - ▶ Bedding provided (foam sleeper chair, pillow & cover, blanket and sheet)
  - ▶ Each person will be in designated tent and bedding by Program and Bus #
  - ▶ Men and Women will be in separate tents
- ▶ Help keep the tents clean (dispose garbage outside in provided bins)
  - ▶ Fold up the foam sleeper chair during the day to make room
- ▶ Dedicated bathrooms for men and women
  - ▶ Do not put toilet paper, sanitary napkins, diapers in the toilet – keep clean for next person
  - ▶ Do not wash clothes in the bathroom; do not leave hair, discarded ehraams in the bathroom
- ▶ Only small carry on bag will be with you in Mena:
  - ▶ Checked baggage would have been picked up from hotel in Makkah / Madinah
  - ▶ Do not bring valuables with you in Mena (will be collected in hotel in Makkah / Madinah)
- ▶ Get plenty of rest whenever you get the opportunity (you will need it !)
- ▶ Stay away from idle talk and engage in *Dhikr*
- ▶ Tents look alike – easy to get lost if you leave the gated tent compound:
  - ▶ Inform Group Leader and others in the tent if you have to go outside the gated compound
  - ▶ If you must go outside, go in group and not individually

## **Departing for Araafat from Mena (Programs 1, 2, 5 and Express)**

- ▶ Departure will be according to Bus # and Program:
  - ▶ Your Group Leader will advise you of departure time
  - ▶ Be ready, stay in your tents and go the front gate when advised (not before)
  - ▶ There is no room for the bus to park and wait: you must board the bus efficiently
- ▶ If planning to stay the entire night (until *Fajr*) in Muzdalifah:
  - ▶ Do not take the bedding (blanket or pillow) from Mena
  - ▶ You should have brought a sleeping bag from US (preferable)
- ▶ Carry on baggage is not necessary for Arafaat:
  - ▶ It can be kept in Mena (Group Leader will provide instructions)
  - ▶ Need to take prayer rug, Qur'an, pebble bag and toiletries (soap, toothbrush, toothpaste, etc.)
  - ▶ There should be no valuables in your carry on bag (if left behind)

## **Program 4**

- ▶ Program 4 stay in their hotel in Makkah during the *Manasik* of Hajj
- ▶ Departure is from Makkah to Arafaat in the evening of 8<sup>th</sup> Dhul Hijjah, according to Bus # & Program
- ▶ Those choosing the option to stay in Mena on 8<sup>th</sup> Dhul Hijjah will be assigned bus in Mena for transfer to Arafaat

## Stay in Araafat

- ▶ This is the *Day of Hajj* – the main and the entire reason for your trip
- ▶ Rest in the morning and prepare for the afternoon – do not sleep in the afternoon
- ▶ Pray the *Dhur and 'Asr* prayers in congregation
- ▶ There will be time for individual supplications as well as group supplications
- ▶ Limit trip to the bathroom in Arafaat as well as for preparation for Muzdalifah
  - ▶ Eat light and drink accordingly
  - ▶ There will be light snacks and drinks in each bus for Muzdalifah
  - ▶ Use the bathroom before boarding bus for Muzdalifah
- ▶ Stay within the gated compound – do not go outside
  - ▶ Entire camp is inside Arafaat
  - ▶ One of the worst place to get lost
- ▶ Your designated Bus # may change here depending on your choice of stay in Muzdalifah
  - ▶ Group Leader would have asked you for your choice in hotel in Makkah or Madinah
  - ▶ Group Leader would have assigned you to appropriate bus based on your choice
  - ▶ Make sure you are on the correct bus – your choice you made much earlier

## **Stay in Muzdalifah and Return to Mena (Programs 1, 2, 5 and Express)**

- ▶ Muzdalifah:
  - ▶ There are no tents in Muzdalifah (open space under the stars)
  - ▶ Crowded, dusty and pollution from transportation vehicles (depending on location)
  - ▶ Public toilets available (long line ups and ..... uhm ..public toilets are public toilets)
- ▶ Bus will either stay until midnight OR until *Fajr* – not both
  - ▶ Group Leader would have asked you for your choice in hotel in Makkah or Madinah
  - ▶ Group Leader would have assigned you to appropriate bus based on your choice
  - ▶ Make sure you are on the correct bus – your choice you made much earlier
- ▶ Staying in Muzdalifah:
  - ▶ Easiest and the worst place to get lost – stick with the group and near the bus
  - ▶ When going to the toilet, go in group and mark your return path
  - ▶ Stay connected with the Group Leader
- ▶ Return to Mena after Fajr:
  - ▶ Very very Long and very slow trip (due to traffic and people congestion)
  - ▶ Can take 2 – 6 hours to get back to your tents in Mena

### **Program 4**

- ▶ Buses will stay until midnight then depart for the hotel in Makkah
- ▶ Those wanting to stay until *Fajr* are exceptions and the choice would have been made much earlier in the hotel in Madinah or Makkah and the Group Leader notified

## Going to the *Jamaraat* and *Tawaaf Al Ifadah*

- ▶ Guides are provided by the Ministry of Hajj for going to *Jamaraat* at specific times
  - ▶ Management tent at the front gate will have timing details
  - ▶ Do not go to the *Jamaraat* at prime times (most accidents happens at that time)
    - ▶ Prime time on 10<sup>th</sup> Dhul Hijjah is after *Fajr* and *Ishraq*
    - ▶ Prime time on remaining days are immediately after *Zawal* or *Dhur* time
  - ▶ Group Leader will advise when is best to go the *Jamaraat*
  
- ▶ Bus schedule planned for trip to Makkah for *Tawaaf Al-Ifadah*
  - ▶ Trip will be by Bus # and Program
  - ▶ Group Leader will advise of the timing, drop-off and pick-up locations

## Program 4

- ▶ During the *Manasik*, will go to Mena each day from their hotel in Makkah, after 'Asr and return to their hotel after midnight
- ▶ The stay is in hotel in Makkah during *Manasik*, so it is not an issue for *Tawaf Al-Ifadah*



# Trip Expectations



## End of Hajj (12<sup>th</sup> Dhul Hijjah)

- ▶ Programs 1, 2 and Express:
  - ▶ Will depart Mena on 12<sup>th</sup> Dhul Hijjah depending on flight from Jeddah
  - ▶ All will go to Aziziyah from Mena
    - ▶ Drop off your carry on in Aziziyah
    - ▶ Take the bus to Makkah - perform *Tawaaf Al-Wida*
    - ▶ Pickup your valuables from Aziziyah (not Jeddah)
  - ▶ Program 1 & Express:
    - ▶ Take the bus for Jeddah airport from Aziziyah
    - ▶ Bus will stop at *Mutawwif's* Office to release passports
  - ▶ Program 2: Check-in to hotel in Jeddah
  - ▶ Program 2: Depart from hotel in Jeddah to the airport for return / onward trip
- ▶ Program 5:
  - ▶ Will depart Mena on 12<sup>th</sup> Dhul Hijjah for Aziziyah
  - ▶ Check-in to hotel in Makkah on 14<sup>th</sup> Dhul Hijjah in the afternoon
  - ▶ Depart from Makkah to Jeddah airport on day of return / onward trip
- ▶ Program 4 have their hotel in Makkah during the entire *Manasik* of Hajj
  - ▶ Will depart for the airport from their hotel in Makkah

# Preparing for Hajj

## *Pilgrims Items Checklist*

*(Guidelines)*

# Pilgrims Items Checklist



## **TRAVEL DOCUMENTS**

1. VALID PASSPORT
  - ▶ VALIDATED HAJJ VISA
2. AIRLINE TICKET - CONFIRMED TO/FROM SAUDI ARABIA
3. ONE BANK DRAFT FOR EACH PERSON
  - ▶ PAYABLE TO "UNIFIED AGENTS OFFICE IN JEDDAH"
  - ▶ FOR SAR 1029.00 FOR ADULTS (ABOVE 15 YEARS AGE)
  - ▶ FOR SAR 515.00 FOR CHILDREN BETWEEN 7 & 14 YEARS AGE
  - ▶ NO BANK DRAFT FOR CHILDREN UNDER 7
4. PROOF OF VACCINATION:
  - ▶ VALIDATED FOR MENINGITIS IMMUNIZATION (ACYW-135)
5. CASH US \$500 PER PERSON (SUGGESTED MINIMUM)
  - ▶ US \$120 FOR ANIMAL SACRIFICE (IF NOT ALREADY PAID IN THE USA)
  - ▶ REMAINING FOR PERSONAL EXPENSE (NOT INCLUDING GIFTS)
  - ▶ TAKE RELATIVELY NEW and LARGE BILLS (\$50 or \$100 DENOMINATIONS)

# Pilgrims Items Checklist



## **EHRAAM and ACCESSORIES**

1. EHRAAM GARMENT, PREFERABLY OF TERRY CLOTH
2. ONE PAIR OF SLIPPER / SANDAL
3. LEATHER BELT TO TIE EHRAAM
4. SUITABLE MONEY BELT TO CARRY MONEY and DOCUMENTS

## **PERSONAL NEEDS**

1. TOOTH PASTE and TOOTH BRUSH / MISWAK
2. UNSCENTED SOAP CAKE(S) and DISH
3. NAIL CLIPPER, SMALL SCISSOR, SHAVING SET, HAIR COMB
4. BATH and HAND TOWELS
5. KLEENEX (SMALL PACKETS)
6. WARM SWEATER (FOR USE IN EVENING OR EARLY MORNING)
7. PAIR OF SOCKS (FOR USE IN EVENING OR EARLY MORNING)

# Pilgrims Items Checklist



## CAMPING KIT

1. SLEEPING BAG – LIGHTWEIGHT (2-3 LBS FILLING), PREFERABLY COTTON LINING (AIR MATTRESS NOT RECOMMENDED)
2. SMALL, THIN PILLOW or TRAVELER'S PILLOW, IF NECESSARY
3. HANDBAG or KNAP SACK or BACK PACK (YOUR CARRY-ON BAG)
  - ▶ PREFERABLY WITH BOTH SHOULDER and HAND STRAPS
  - ▶ SIZE BASED ON CARRY ON AIRLINE REGULATIONS (H+W+L = 45 INCHES MAX)
4. GOOD QUALITY UMBRELLA (PURCHASE IN SAUDI ARABIA)
5. SUN GLASSES (PREFERABLY WITH NECK STRAP)
  - ▶ IF YOU WEAR PRESCRIPTION GLASSES, TAKE A SPARE ONE
6. OPTIONAL SMALL FLASHLIGHT (NEEDED FOR MUZDALIFAH ONLY)
7. PRAYER MAT (TAKE IT IN YOUR CARRY-ON LUGGAGE)
8. SMALL QUR'AN (TAKE IT IN YOUR CARRY-ON LUGGAGE)

# Pilgrims Items Checklist



## HEALTH / MEDICAL KIT

1. FIRST AID KIT:
  - ▶ STRIP BANDAGES, ANTIBIOTIC OINTMENT, RUBBING ALCOHOL, ETC.
2. GENERAL MEDICINE/NEEDS (MOST OF IT AVAILABLE IN SAUDI ARABIA):
  - ▶ GRAVOL, IF YOU ARE PRONE TO AIR SICKNESS
  - ▶ ASPIRIN / TYLENOL / ADVIL
  - ▶ MOUTHWASH (NON-ALCOHOLIC) IF REQUIRED
  - ▶ LOZENGES FOR THROAT INFECTION; COUGH DROPS/LOZENGES
  - ▶ VASELINE (PETROLEUM JELLY)
  - ▶ DIARRHEA MEDICATION (IMMODIUM); ANTACID (PEPTO BISMAL)
  - ▶ SUITABLE ANTIBIOTICS (AS PRESCRIBED BY YOUR DOCTOR)
  - ▶ FACE MASK
3. SUFFICIENT MEDICATION THAT YOU ARE NORMALLY REQUIRED TO TAKE
4. SEEK ADVICE FROM PHYSICIAN FOR SPECIAL CARE IN HOT WEATHER IF YOU HAVE ANY MEDICAL CONDITION:
  - ▶ DIABETES, ASTHMA, HEART CONDITION, BLOOD PRESSURE, ETC.
5. IF ALLERGIC TO SPECIFIC DRUGS and/or HAVE MEDICAL CONDITION: WRITE ON PAPER AND KEEP ON YOUR PERSON or WEAR "MEDICALERT" BRACELET

# Preparing for Hajj

## *Do's and Don'ts*

# Do's & Don'ts of Hajj



1. TRAVEL LIGHTLY (LEAST BAGGAGE POSSIBLE)
  - ▶ ENSURE BAGGAGE HAS PROPER IDENTIFICATION TAG(S)
2. MAKE COPIES OF PASSPORT, AIRLINE TICKETS, PROOF OF PURCHASE FOR TRAVELLERS' CHEQUES, GREEN CARD, ETC.
  - ▶ ENSURE COPIES ARE KEPT SEPARATE FROM ORIGINAL
3. DO NOT CARRY ANY AUDIO /VIDEO CASSETTE INTO SAUDI ARABIA
4. ALWAYS WEAR (OR CARRY) YOUR IDENTIFICATION CARD
5. DO NOT LEAVE THE GROUP AND GO ON YOUR OWN
  - ▶ GO AS A TWOSOME (AT LEAST)
  - ▶ ENSURE YOU GET ORIENTED WITH THE AREA
  - ▶ WHEN TAKING LEAVE FROM GROUP, INFORM GROUP LEADER
6. DO NOT CARRY CASH AND VALUABLES EVERYWHERE
  - ▶ KEEP WITH SOMEONE OR IN HOTEL SAFETY DEPOSIT BOX



7. MAKE SURE YOU ARE ON-TIME FOR GROUP GATHERINGS
  - ▶ YOUR CO-ORDINATOR WILL DESIGNATE TIME AND PLACE
8. MAKE SURE YOU FOLLOW INSTRUCTIONS FOR BAGGAGE TRANSFER
  - ▶ TAG YOUR BAGGAGE AS INSTRUCTED
  - ▶ PLACE CHECKED BAGGAGE OUTSIDE YOUR ROOM ON TIME
9. DO NOT DRINK TAP WATER
  - ▶ DRINK ZAM-ZAM OR BOTTLED WATER
10. MAINTAIN YOUR FLUID (ELECTROLYTE) BALANCE
  - ▶ DRINK A LOT
  - ▶ REPLACE LOST BODY SALT and SUGAR
11. AVOID HEAVY FOOD
  - ▶ EAT FRUITS THAT YOU CAN PEEL

## 12. AVOID POLITICAL HANDOUTS AND DEMONSTRATIONS

- ▶ DO NOT ACCEPT FLYERS OR PAMPHLETS FROM OTHER PILGRIMS
- ▶ IF YOU SENSE TROUBLE, STAY AWAY FROM SUCH GATHERING

## 13. PACE YOURSELF – TAKE PLENTY OF REST

## 14. CO-OPERATE WITH YOUR CO-ORDINATOR AND FELLOW PILGRIMS

- ▶ REMEMBER HAJJ IS OBLIGATORY ON ALL ELIGIBLE MUSLIMS AT THE SAME TIME
- ▶ REMEMBER WHY YOU ARE GOING TO SAUDI ARABIA
- ▶ REMEMBER THE VERSES OF THE QUR'AN REGARDING HAJJ

## 15. BE PATIENT

## 16. BE VERY PATIENT

## 17. BE EXTREMELY PATIENT

***May Allahu Subhanahu Wa Ta'ala:***

- ✓ **Help us in completing this journey safely**
- ✓ **Accept our Hajj**
- ✓ **Continuously Guide us on the right path**

**AND**

- ✓ **Be Pleased with us in this world and the next**

# Preparing for Hajj

## *Questions & Answers*